

## 6—Renewing Our Spirits

5/21/23

### INTRO:

- I. Athanasius had his disciples recite it each night
- II. Charles Spurgeon called it the “Sinner’s Guide”
- III. → **Psalms 51:1-12**

*1 Have mercy on me, O God,  
according to your unfailing love;  
according to your great compassion  
blot out my transgressions.*

*2 Wash away all my iniquity  
and cleanse me from my sin.*

*3 For I know my transgressions,  
and my sin is always before me.*

→ *4 Against you, you only, have I sinned  
and done what is evil in your sight;  
so you are right in your verdict  
and justified when you judge.*

*5 Surely I was sinful at birth,  
sinful from the time my mother conceived me.*

*6 Yet you desired faithfulness even in the womb;  
you taught me wisdom in that secret place.*

→ *7 Cleanse me with hyssop, and I will be clean;  
wash me, and I will be whiter than snow.*

*8 Let me hear joy and gladness;  
let the bones you have crushed rejoice.*

*9 Hide your face from my sins  
and blot out all my iniquity.*

→ *10 Create in me a pure heart, O God,  
and renew **a steadfast spirit** within me.*

*11 Do not cast me from your presence  
or take **your Holy Spirit** from me.*

*12 Restore to me the joy of your salvation  
and grant me **a willing spirit**, to sustain me.*

## BODY:

### I. A Spirit of Uprightness

10 **Create** in me a pure heart, O God,  
and **renew** a **steadfast spirit** within me.

Heb (*ruach nakown*) makes me right again, stable, steady

A. The Spirit's renewal always begins on the inside.

1) **Ephesians 4:1-2**

*As a prisoner for the Lord, then, I urge you to live a life **worthy** of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. (*axíos*)*

2) ALL THE PROBLEMS WITH FALLING OVER

B. When our feet are on solid ground we are hard to move.

1) **1 Corinthians 15:58**

*Therefore, my beloved brethren, be ye **steadfast**, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord. (KJV)*

2) WATCHING MY FRIENDS LEAVE MINISTRY

### II. A Spirit of Holiness

11 Do not cast me from your **presence**  
or take **your Holy Spirit** from me.

Heb (*ruach qadasheka*) sacred, consecration, dedication

A. If we want His presence we must stop pushing Him away.

1) **Isaiah 63:9-10**

*In his love and mercy he redeemed them;  
he lifted them up and carried them  
all the days of old.  
Yet they rebelled  
and grieved his **Holy Spirit**.  
So he turned and became their enemy  
and he himself fought against them.*

2) TAKING THE HOLY SPIRIT HOME FROM CAMP

B. We need continual cleansing to keep our hearts pure.

1) **Ephesians 4:30-31**

*And do not grieve the **Holy Spirit** of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.*

2) CLEANING OUT MOLLY'S CARBURATOR

**III. A Spirit of Willingness**

12 **Restore** to me the joy of your salvation

and grant me a **willing spirit**, to sustain me.

Heb (*ruach nadiyb*) generous, free voluntary

A. If the enemy cannot steal your salvation, he'll steal your joy.

1) **1 Peter 5:2**

*Be shepherds of God's flock that is under your care, watching over them—not because you must, but because you are willing, as God wants you to be.*

2) DEAR GOD—"I THINK I CARE AGAIN"

B. All God needs from us is a willing and obedient spirit.

1) **1 Peter 5:10**

*And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.*

2) SAYING YES TO HIS CALLING ON US

## **OTHER SCRIPTURES:**

Romans 8:9

But you are not in the flesh, you are in the Spirit, if in fact the Spirit of God dwells in you. Any one who does not have the Spirit of Christ does not belong to him. (RSV)

James 3:17-18

But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace reap a harvest of righteousness.

Hebrews 12:14-15

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. See to it that no one falls short of the grace of God.

2 Timothy 2:22

Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.